

## Kimberlee Aleman Painting for the Absolute Beginner—Supply List

### Palette knife: (1)



For mixing paint and can also be used to paint with. A trowel shaped knife with a blade about 3 or 4" in length and 1/2" wide is good for general use. Knives that bend where the blade attaches to the handle are recommended.

### Supports/Surfaces to paint on:

- 1 pad Arches oil paper, 9 x 12, **THIS IS REQUIRED**
- (1 for each class) Primed panels, canvas, linen, paper, encaustic/gesso board, etc. (Please stay away from canvas boards)
- Sizes: A variety of sizes from small 8 x 8 to 11 x 14 as is your preference. Square or Rectangle is fine.

### Palette: **DickBlick.com** (1 of each size)

<http://www.dickblick.com/products/blick-studio-disposable-palette-pads/>

03063-2006	Disposable Palette Paper Pad, 50 Sheets	12" x 16"	\$4.27
03063-2008	Disposable Palette Paper Pad, 50 Sheets	16" x 20"	\$8.43

### Palette Box: (optional) <http://www.dickblick.com/products/masterson-sta-wet-palette-seal/>

This is an airtight palette box useful for transporting and keeping your paint moist between sessions. the 12" x 16" disposable palette will fit into this. The larger palette, 16 x 20, will give you plenty of mixing space.

### Solvent:

Only **ODORLESS "Gamsol" will be allowed.** 16 oz can.

### Closed Containers (with screwtops): 2

1 closed container for solvent for cleaning brushes and one to mix the medium. Mayonaise Jars are good. One medium, one small or similar.

1 for medium. This can be a smaller container such as an herb bottle.

**Palette cups:** 1 Small metal cup that clips onto your palette. (this is for the medium)

**Medium:** 1 Gamblin or Windsor Newton refined/cold pressed Linseed Oil, 8 oz.

### Brushes:

Have a variety of Brushes available. Brights & Filberts, Bristle is good to work with. 1 of each #6 Bright, #10 Bright, #8 filbert, #12 filbert.

### Viewfinder:

There is an adjustable gray plastic one called a Viewcatcher, or you can make your own with cardboard and clips.

**Small notebook** or sketchpad, Spiralbound, for notes and thumbnail drawings. Size: 5.5 x 8.5 in or 7 x 10 in

**#HB and 2B pencils** Staedler Mars® Lumograph® 100 is an excellent brand.

**Vine Charcoal**, soft, 1 pkg

### Rags and/or Bounty paper towels

**Soap:** A bar of soap to wash brushes

**Baby oil:** CVS or generic brand, 14 oz bottle, for cleaning and conditioning brushes

**Disposable bag:** Use to put soiled rags in before disposal

### Gloves

**Paint: Please buy Artist Quality paint, not "student grade."** The results will be much better. Medium-price paints, like Utrecht, Gamblin or Artist Grade Winsor & Newton, are good. **NOT** Windsor Newton "Winton". Please check that the paint is "professional artist grade". The colors will vary.

Suggested list of colors for a basic palette: (One tube each)  
(get a 120-200 ml tube of white, 37 ml or larger for others)

Titanium/Zinc White 120-200 ml tube  
Indian Yellow  
Cadmium Yellow Light, Pale or Lemon  
Cadmium Yellow Medium  
Cadmium Orange (Gamblin)  
Cadmium Red Light (Gamblin/Utrecht) or Scarlet (Windsor Newton)  
Quinocrodone Red, Rose or Magenta  
Alizarin Crimson  
Cerulean Blue  
Cobalt Blue  
Ultramarine Blue  
Viridian  
Ivory Black

Optional: Phalo Blue, Cobalt Teal (Gamblin)

Optional: Acrylic White Gesso for priming additional supports, such as cardboard, matt board.

**Helpful links to Art Supply stores: You will want to order your supplies 2 weeks in advance to assure they arrive in time. :)**

<http://www.jerrysartarama.com>

<http://www.dickblick.com>